



SUPERVISION CONTRACT

Supervisor: Karen Murphy





Supervision is a professional relationship which helps you, as a psychotherapist to reflect on different aspects of the counselling relationship, and aspects outside the session that impact your work. There is an ethical requirement from the IACP that you maintain regular supervision.

I am providing you with supervision specifically focusing on your work with couples. The hours you attend this supervision will go toward your accrediting body's annual supervision requirement, you also need to attend supervision for your individual client work.

Confidentiality

Supervision is a confidential process, as laid down in the Code of Ethics of the Irish Association of Counselling and Psychotherapy (IACP).

There are however some limits to confidentiality including:

- During my own supervision, which all supervisors are required to receive. The aim of this process is to monitor and improve the work we are undertaking. I will treat everything you share with professional respect and endeavour to protect all identifying details.
- If a client is a danger to self, to others, or to you, the therapist.
- When a disclosure emerges, or I have reason to suspect, that a child, minor, or vulnerable person:
 - has been harmed,
 - is being harmed, or,
 - is at risk of being harmed.

In the case where I deem it necessary to breach confidentiality, I will initially discuss this with you, the supervisee. In such cases, this is viewed as an extension of care rather than a breach of confidentiality.



I will do what I can to support you professionally to ensure you continue to develop your practice, and to ensure you continue to work ethically and effectively. If I consider you to be working ineffectively and/or unethically I will help you create an action plan to address the areas of concern. If you refuse to take action on areas of serious concern I may inform relevant others (e.g. your training provider, employer, counselling agency, your registering organisation, etc) and I may terminate our supervision arrangement.

Fees & Cancellation

My fee for individual supervision is €80 and for group supervision is €60. I will provide you with 2 months notice of any planned fee changes.

Payment is to be made by bank transfer on the day of the session:

Name: Karen Murphy

IBAN: IE60AIBK93638378472042

BIC: AIBKIE2D

I will require payment for the session if you choose to cancel without giving 24 hours notice.

Emergency Contact

You can contact me occasionally between sessions for additional support. Please contact me immediately if you have serious concerns about a client that cannot wait until our next supervision session, or if a complaint has been made against you. You can contact me by phone on 086 3893745.



Termination

You or I have the right to terminate this supervisory relationship at any time. I require a minimum two sessions notice, which includes an ending session, should either of us request termination of the supervisory relationship. This will give you time to organise alternative supervision arrangements before we end our work together.

Supervisor's Responsibility

As supervisor, I agree to:

- Adhere to the Code of Ethics of the IACP
- Maintain an accurate record of our sessions
- Seek and be open to feedback about the supervisor/supervisee relationship
- Provide a safe space for you to reflect on and learn from your practice
- Give developmental feedback on your work
- Communicate concerns and difficulties directly to you
- Ensure adequate professional indemnity insurance is in place

Supervisee's Responsibility

As supervisee, I agree to:

- Adhere to the Code of Ethics of the IACP
- Prepare for supervision and present therapy work openly and honestly
- Reflect upon, monitor, and evaluate my work between supervision sessions
- Communicate concerns and difficulties directly to my supervisor
- Ensure adequate professional indemnity insurance is in place